Week 6 Activity worksheet – Topic Area 1

Student’s Book pages 81–95

Unit R033: Supporting individuals through life events

Factors affecting growth and development across the life stages

The table below includes examples of factors that can affect growth and development across the life stages.

In the final column, write an explanation of how the growth and development of an individual can be affected by these factors.

|  |  |  |
| --- | --- | --- |
| **Life stage of an individual** | **Physical factors** | **How the growth and development of the individual can be affected by these physical factors** |
| Childhood | * Diet * Genetics |  |
| **Life stage of an individual** | **Social factors** | **How the growth and development of the individual can be affected by these social factors** |
| Adolescence | * Relationships * Opportunities |  |
| **Life stage of an individual** | **Emotional factors** | **How the growth and development of the individual can be affected by these emotional factors** |
| Young adulthood | * Anxiety * Family security |  |
| **Life stage of an individual** | **Economic factors** | **How the growth and development of the individual can be affected by these economic factors** |
| Middle adulthood | * Housing * Employment |  |
| **Life stage of an individual** | **Cultural factors** | **How the growth and development of the individual can be affected by these cultural factors** |
| Older adulthood | * Community * Gender identity |  |
| **Life stage of an individual** | **Environmental factors** | **How the growth and development of the individual can be affected by these environmental factors** |
| Older adulthood | * Air pollution * Access to services |  |