

St Marys Physical Education department takes immense pride in the breadth and diversity of our extracurricular program. We offer significant opportunities for our students to practice and compete at school, throughout the county and district and on a national stage.

Term	Practices and in school training sessions	Fixtures, Matches, tournaments, Cups and Plate and County Championships
Autumn	<ul style="list-style-type: none"> <li>• Netball All Years</li> <li>• Boys and Girls Rugby All Years</li> <li>• Basketball KS3 and KS4 Teams</li> <li>• Girls and Boys Football All Years</li> </ul>	<ul style="list-style-type: none"> <li>• Netball All Years</li> <li>• Hockey All Years</li> <li>• Boys and Girls Rugby All Years</li> <li>• Basketball KS3 and KS4 Teams</li> <li>• Cross county All Years</li> <li>• Sport shall Athletics KS3</li> <li>• SEND festival (New for 2023)</li> </ul>
Spring	<ul style="list-style-type: none"> <li>• Girls and Boys Football All Years</li> <li>• Boys and Girls Rugby All Years</li> <li>• Dance All Years</li> </ul>	<ul style="list-style-type: none"> <li>• Girls and Boys Football All Years</li> <li>• Boys and Girls Rugby All Years</li> <li>• Handball KS4</li> <li>• Table tennis All Years</li> </ul>
Summer	<ul style="list-style-type: none"> <li>• Girls Cricket All Years</li> <li>• Rounder's All Years</li> <li>• Tennis All Years</li> </ul>	<ul style="list-style-type: none"> <li>• Girls and Boys Cricket All Years</li> <li>• Rounder's All Years</li> <li>• Athletics All Years</li> <li>• Tennis All Years</li> <li>• Softball All years</li> <li>• SEND Festival(New for 2024)</li> </ul>
Trips and whole school initiatives	<p>The PE department organise and run the school Ski trip every year. Taking place over the February half term where 50 students get the opportunity to ski throughout some of Austria's most stunning resorts.</p> <p>The GCSE PE outdoor and adventure Trip Takes place in May. GCSE PE students head to Pembrokeshire in south wales and take part in a number of outdoor and adventure activities including climbing, surfing and coasteering.</p> <p>St Marys is the Lead school for HERE GIRLS CAN in Herefordshire.</p>	