



St. Mary's RC High School

St. Mary's RC High School, Lugwardine, Hereford HR1 4DR

Headteacher: Mr S Wetson BA (Hons) PGCE NPQH

PE Kit List

Safety Awareness

The PE kit is available in Hereford Clubsport and will also be available online using the link which can be found on our school website under 'For Parents' - '[PE Kit](#)' from that

A guide for PE kit below:

GIRLS:	BOYS:
Sky Blue Polo Shirt Navy Blue Skort or Shorts Navy Blue Hockey Socks	Navy Blue Rugby Top Navy Blue Shorts Navy Blue Football Socks

Students will also need:

GIRLS:	BOYS:
Trainers Football or Rugby boots Gum shield Shin pads	Trainers Football or Rugby boots Gum shield Shin pads

Extra Optional Kit:

¼ Zip Navy Blue Jumper
Navy Blue Tracksuit Bottoms

Key Safety points

Football

Studded and bladed Boots must be maintained to an appropriate safety standard.
Shin pads Must be worn whenever there is a risk of injury and during competitive situations.

Hockey

Shin pads and mouth guards are highly recommended and are Mandatory when representing St Marys in matches.

Rugby

Mouth guards are strongly recommended and are Mandatory when representing St Marys in matches.

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