

Upper School Ready – Steady – Cook!

3 Course Meal for Under £5

(This doesn't include store cupboard ingredients:
flour, sugar, eggs, butter, oil, herbs, spices)

Anyone in Yrs 9/10
Submit a meal idea to
your House Captain,
who will decide the
house entrance for
the **COOK OFF!!**



Look at the TV programme *Jamie's Money Saving Meals* for ideas

FOOD TECHNOLOGY EISTEDDFOD



Lower School Vegetable Carving and Sculptures

Look on Google and Pinterest for ideas