



KS3 ASSESSMENT IN PHYSICAL EDUCATION

Our KS3 PE curriculum, which reflects the national curriculum is designed to develop competency in physical activity, engage students in competition through a range of physical activities and promote active healthy lifestyles. Students are shown how to do this through some of the knowledge and skills listed below. **N.B. Students in PE are assessed on their practical performance.** Students will be taught about or how to...



	Knowledge	Skills	Communication																
Year 7	Through the Y7 activities of invasion games, gymnastics, dance, net/wall? and wall, health & fitness, striking & fielding and athletics:	<p>Students in PE will develop their skills in:</p> <ul style="list-style-type: none"> Physical processes Decision making Leadership Sportsmanship <p>Across a range of activities and will be assessed as:</p> <table border="1"> <thead> <tr> <th>Competent</th> <th>Confident</th> <th>Expert</th> </tr> </thead> <tbody> <tr> <td>(Y7 expectation)</td> <td>(Y8 expectation)</td> <td>(Y9 expectation)</td> </tr> </tbody> </table>	Competent	Confident	Expert	(Y7 expectation)	(Y8 expectation)	(Y9 expectation)	<ul style="list-style-type: none"> Use accurate spelling, punctuation and grammar in my written work Know and be able to use key subject terminology including body parts and sport-specific jargon Give effective feedback to my peers Make suggestions (for improvement) and justify perspectives and opinions Apply planning and communicate this effectively during competitive scenarios e.g. drills Motivating teammates effectively Coaching peers and leading others Officiating effectively 										
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<ul style="list-style-type: none"> Health and safety rules Rules of sport Positions in team activities Reasons for warm ups Components of fitness 																			
Year 8	Through the Y8 activities of invasion games, gymnastics, dance, net/wall, health & fitness, striking & fielding and athletics:	<p>In the following activities:</p> <table border="1"> <thead> <tr> <th>Invasion</th> <th>Gymnastics</th> <th>Dance</th> <th>Net/wall</th> </tr> </thead> <tbody> <tr> <td><i>Passing</i> <i>Shooting</i> <i>Dribbling</i> <i>Control</i> <i>Tackling</i></td> <td><i>Balance</i> <i>Jumps</i> <i>Rolls</i> <i>Vaults</i> <i>Travel</i></td> <td><i>Motif</i> <i>Travel</i> <i>Composition</i> <i>Musicality</i></td> <td><i>Forehand</i> <i>Backhand</i> <i>Serve</i> <i>Volley</i></td> </tr> <tr> <th>H&F</th> <th>S&F</th> <th colspan="2">Athletics</th> </tr> <tr> <td><i>Planning</i> <i>Adapting</i> <i>Recording</i> <i>Measuring</i> <i>Evaluating</i></td> <td><i>Fielding</i> <i>Batting</i> <i>Bowling</i></td> <td colspan="2"><i>Sprinting</i> <i>L:ong Distance</i> <i>Jumping</i> <i>Throwing</i></td> </tr> </tbody> </table>	Invasion	Gymnastics	Dance	Net/wall	<i>Passing</i> <i>Shooting</i> <i>Dribbling</i> <i>Control</i> <i>Tackling</i>	<i>Balance</i> <i>Jumps</i> <i>Rolls</i> <i>Vaults</i> <i>Travel</i>	<i>Motif</i> <i>Travel</i> <i>Composition</i> <i>Musicality</i>	<i>Forehand</i> <i>Backhand</i> <i>Serve</i> <i>Volley</i>	H&F	S&F	Athletics		<i>Planning</i> <i>Adapting</i> <i>Recording</i> <i>Measuring</i> <i>Evaluating</i>	<i>Fielding</i> <i>Batting</i> <i>Bowling</i>	<i>Sprinting</i> <i>L:ong Distance</i> <i>Jumping</i> <i>Throwing</i>		<ul style="list-style-type: none"> Use accurate spelling, punctuation and grammar in my written work Know and be able to use key subject terminology including body parts and sport-specific jargon Give effective feedback to my peers Make suggestions (for improvement) and justify perspectives and opinions Apply planning and communicate this effectively during competitive scenarios e.g. drills Motivating teammates effectively Coaching peers and leading others Officiating effectively
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<ul style="list-style-type: none"> Evaluating health and safety Rules of sport Tactics within sport Warm ups for specific activities Principles of training e.g. progressive overload 																			

*This table is not exhaustive and seeks to reflect some of the major knowledge, skills and communication developed in this subject area.