

Year 8 retreat day January 2025

The theme of the year 8 retreat was "Human Dignity". In Genesis 1:27 God creates people "in His own image". From the beginning, God has created each individual to be cherished and respected. Through a range of activities we focussed on the belief that every person has value, every person must be treated with respect and that every person has an inherent dignity, not because of what they achieve, not because of their status in life but simply because they are.



Our day culminated with Mass, including prayers and hymns prepared by the pupils during the day. Finally, we shared some party food to celebrate the end of an enjoyable and fun retreat day. Thanks to the generous donations from parents and carers in year 8 we were able to raise over £120 which will go towards supporting CAFOD's Middle East Humanitarian Appeal to give urgent, practical help to families in Lebanon and Gaza, the West Bank and Israel.



The aim of our retreat was to provide an opportunity to experience faith on a more personal way and on a level different than "book knowledge." The day allowed for a "retreat" from the typical academic day and provided opportunities for reflection and spiritual experience, an increase in self-knowledge and a deepening of relationships among members of each form group.

