

Values & Virtues Curriculum Map 2025-26 – Version 5

Content Key: [Careers](#) | [First Aid \(CPR\)](#) | [Relationships and Sex Education \(Ten:Ten\)](#) | PSHE & Citizenship



Date	Year 7	Year 8	Year 9	Year 10	Year 11
VIRTUE THEME	<i>Loving and Compassionate</i>	<i>Curious and Active</i>	<i>Eloquent and Truthful</i>	<i>Intentional and Prophetic</i>	<i>Learned and Wise</i>
03/09/2025	Timetables & Welcome to St Mary's	Timetables & Welcome Back	Timetables & Welcome Back	Timetables & Welcome Back	Timetables & Welcome Back
10/09/2025	7.1 – Baseline Assessment & What is PSHE?	8.1 – Baseline Assessment & What are the British Values?	1. The Search for Love	10.1 – Baseline Assessment & What are the British Values?	Post 16 Options
17/09/2025	7.2 – What are the British Values?	8.2 – What are charities and NGOs?	2. Love People, Use Things	10.2 – What are Human Rights and why do they matter?	Planning for The Future
24/09/2025	7.3 – How do we learn at St Mary's?	8.3 – How can we achieve change in our communities?	3. In Control of My Choices	10.3 – How did the world agree on Universal Human Rights?	Personal Statement & CV
01/10/2025	7.3 – How do we learn at St Mary's?	8.4 – What is news and what responsibilities does the media have?	4. Fertility and Contraception	10.4 – What happens when one person's rights conflict with another's?	Applications
08/10/2025	7.4 – How do we communicate at St Mary's?	8.5 – Should we believe everything we see and read?	5. Commitment and Marriage	10.5 – Who protects our Human Rights when they are threatened?	Interviews
15/10/2025	7.5 – How do we build the St Mary's community?	8.5 – Should we believe everything we see and read?	ACTIVITIES WEEK (Y9 ON TRIPS)	10.6 – How do citizens take action?	WORK EXPERIENCE
22/10/2025	7.6 – How do we use social media safely?	8.6 – What are the types of bullying?	6. Understanding Consent	10.7 – What is the role of pressure groups and social movements? (1/2)	FSQ & Thank you letters to WE
HALF TERM					
05/11/2025	7.7 – What are the types of bullying?	8.7 – What are the dangers of stereotypes?	7. Human Rights - And Wrongs	1. Authentic freedom	Mock Prep
12/11/2025	7.8 - What are the dangers of stereotypes?	8.8 - Why do we need to be tolerant and respectful?	9.1 - Baseline Assessment & What are the British Values?	2. Self-Image	FIRST AID CPR Refresher (AGI – Sports Hall & LWI - Main Hall)
19/11/2025	7.9 – How can we keep our bodies healthy?	8.9 – What is a digital footprint and how can I manage it?	9.2 – What are my rights and responsibilities?	3. Beliefs, Values, Attitudes	11.1 – Baseline Assessment & What are the British Values?
26/11/2025	7.10 – What are the dangers of smoking and vaping?	8.10- What are the risks of high screen time?	9.3 – What is the Equality Act 2010?	4. Parenthood	11.2 – How can I make the most of my mock exams?
03/12/2025	7.11 – How can we keep our minds healthy?	8.11 – How sustainable is our future?	9.4 – What is discrimination and prejudice?	5. Pregnancy and Abortion	Independent Mock Exam Revision (or in Mock Exam)

10/12/2025	7.12 – Why is connection to others important?	8.12 – How can we take action on sustainability?	9.5 – What are the effects of discrimination and prejudice on people?	6. Abuse	Independent Mock Exam Revision (or in Mock Exam)
17/12/2025	7.13 - Why is it important to have aspirations?	8.13 – What laws are there to protect the environment?	9.6 – How far have we made progress on equality in the UK?	7. Solidarity	11.3 – Post-mock mindfulness: How do I relax and take time for my needs?
CHRISTMAS HOLIDAYS					
07/01/2026	1. Who Am I?	8.14 – What are taxes and why do we have to pay them?	Careers & Aspirations	10.7 – What is the role of pressure groups and social movements? (2/2)	1. Self-Worth
14/01/2026	2. Changing Bodies	8.15 – How does tax money help the community?	Labour Market Information	10.8 - What is the role of interest groups?	2. Addiction
21/01/2026	3. Healthy Inside and Out	8.16 – What is the difference between wants and needs?	Decision Making 9D, 9L & 9M Careers Exploration 9T & 9V	10.9 – Why do changemakers play an important role in a democracy?	3. Eating Disorders
28/01/2026	4. Where We Come From	8.17 – When is it smart to borrow money and when should you avoid it?	Decision Making 9T & 9V Careers Exploration 9D, 9L & 9M	10.10 – Mr Bates vs The Post Office (Documentary Lesson)	4. Birth Control
04/02/2026	5. Family and Friends	8.18 – How can you start to save money and make it grow over time?	GCSE Options	FIRST AID CPR Refresher (AGI – Sports Hall & LWI - Main Hall)	5. Pornography
11/02/2026	6. My Life on Screen	FIRST AID CPR Refresher (AGI – Sports Hall & LWI - Main Hall)	Qualifications & Pathways	Work Experience Introduction	6. Coercive Control
HALF TERM					
25/02/2026	FIRST AID Intro to CPR (AGI – Sports Hall & LWI - Main Hall)	8.19 – What makes a good friend and how can you be one yourself?	Preparation for Speed Networking	10.11 – Do we need to save?	11.4 – Do we need to save?
04/03/2026	Careers & Your Future	8.20 – How can you handle conflicts and disagreements with your friends?	FSQ 9D, 9L & 9M first half of lesson FSQ 9T & 9V second half of lesson	10.12 – When is it smart to borrow money and when should you avoid it?	11.5 – When is it smart to borrow money and when should you avoid it?
11/03/2026	Transition Points 7D, 7L & 7M Careers Information & eCLIPS 7T & 7V	8.21 – Why do people have to leave their home countries and become refugees?	FIRST AID CPR Refresher (AGI – Sports Hall & LWI - Main Hall)	10.13 – What ways can I borrow money?	11.6 – What ways can I borrow money?
18/03/2026	Transition Points 7T & 7V Careers Information & eCLIPS 7D, 7L & 7M	8.22 – What is life like for refugees when they arrive in a new country?	9.7 – What can we do to challenge racism?	10.14 – How can I manage my money?	11.7 – How can I manage my money?

25/03/2026	FSQ 7D, 7L & 7M first half of lesson FSQ 7T & 7V second half of lesson	8.23 – How can refugees affect the communities they move to?	9.8 – What is democracy?	10.15 – How can I make good financial decisions?	11.8 – How can I make good financial decisions?
EASTER HOLIDAYS					
15/04/2026	7.14 – How can I keep safe on the road?	1. Created and Chosen	9.9 – How is the UK governed?	Business Structures	11.9 – How do taxes work in the UK?
22/04/2026	7.15 – How can I keep safe on the railways and water?	2. Appreciating Differences	9.10 – How does Parliament work?	Understanding the Workplace	11.10 – What does a payslip look like and what do I need to know?
29/04/2026	7.16 – How can we be active citizens?	3. Feelings	9.11 – What is media freedom and why is it important in a democracy?	Work & Organisational Structures	11.11 – How can money impact my mental health? & Baseline Review
06/05/2026	7.17 – Who represents me?	4. Before I Was Born	9.12 – Can UK democracy be improved?	Diversity & Equality in the Workplace	<i>Self-guided Revision for GCSEs</i>
13/05/2026	7.18 – How is the UK governed?	5. Tough Relationships	9.13 – What are laws and how are they enforced?	Employment Right & Responsibilities	<i>Self-guided Revision for GCSEs</i>
20/05/2026	7.19 – What are laws and how are they enforced?	6. Think Before You Share	9.14 – How is justice administered in the UK?	3 Colleges Taster Day Introduction (in assembly)	<i>Self-guided Revision for GCSEs</i>
HALF TERM					
03/06/2026	7.20 – How is justice administered in the UK?	7. Wider World	9.15 – How does a trial work? (1/2)	10.16 – How do taxes work in the UK?	
10/06/2026	7.21 – Should we change the age of criminal responsibility?	Personal Qualities & Skills	9.15 – How does a trial work? (2/2)	10.17 – What does a payslip look like and what do I need to know?	
17/06/2026	7.22 – What is a digital footprint and how can I manage it?	Careers Management	9.16 – What are Human Rights and why do they matter?	10.18 – How did the UK spend tax last year?	
24/06/2026	7.23 – What are the risks of high screen time?	Jobs & Opportunities	9.17 – How did the world agree on Universal Human Rights?	10.19 – What are pensions and why are they important?	
01/07/2026	ACTIVITIES WEEK (No taught V&V session)				
08/07/2026	7.24 – Should we believe everything we see and read?	8.24 – What help do refugees get from organisations and people around the world?	9.18 – Who protects our rights when they are threatened?	10.20 – How can money impact my mental health?	
15/07/2026	<i>Junior Eisteddfod</i>	<i>Junior Eisteddfod</i>	9.19 – What happens when one person's rights conflict with another's?	10.21 – Making a good start to Year 11 & Baseline review.	