Values & Virtues **Curriculum Map** 2026-27 – *Version 1*

Content Key: Careers | Relationships and Sex Education (Ten:Ten) | PSHE & Citizenship

Values & Virtues
PSHRE AT ST MARY'S

Date	Year 7	Year 8	Year 9	Year 10	Year 11
VIRTUE THEME	***Compassionate** and **Loving***	***Curious** and **Active***	***Eloquent** and **Truthful***	***Intentional** and **Prophetic***	***Learned** and **Wise***
09/09/2026	7.1 – Baseline Assessment & What is PSHE?	8.1 – Baseline Assessment & What are the British Values?	9.1 - Baseline Assessment & What are the British Values?	10.1 – Baseline Assessment & What are the British Values?	01. Post 16 Options
16/09/2026	7.2 – What are the British Values?	8.2 – What are charities and NGOs?	9.2 – What are my rights and responsibilities?	10.2 – What are Human Rights and why do they matter?	02. Planning for The Future
23/09/2026	7.3 – How do we learn at St Mary's? (1/2)	8.3 – How can we achieve change in our communities?	9.3 – What is the Equality Act 2010?	10.3 – How did the world agree on Universal Human Rights?	03. Personal Statement
30/09/2026	7.3 – How do we learn at St Mary's? (2/2)	8.4 – What is news and what responsibilities does the media have?	9.4 – What is discrimination and prejudice?	10.4 - What happens when one person's rights conflict with another's?	04. CV Writing
07/10/2026	7.4 – How do we communicate at St Mary's?	8.5 – Should we believe everything we see and read?	9.5 – What are the effects of discrimination and prejudice on people?	10.5 – Who protects our Human Rights when they are threatened?	05. Applications
14/10/2026	***AUTUMN CURRICULUM ENRICHMENT (Tues & Wed)*** *(No taught V&V session) – Y11 on Work Experience*				
21/10/2026	7.5 – How do we build the St Mary's community?	8.6 – How sustainable is our future?	9.6 – How far have we made progress on equality in the UK?	10.6 – How do citizens take action?	06. Interviews
OCTOBER HALF TERM					
04/11/2026	7.6 – How do we use social media safely?	8.7 – How can we take action on sustainability?	9.7 – What can we do to challenge racism?	10.7 – What is the role of pressure groups and social movements? (1/2)	*Careers Assembly:* ***HLNSC***
11/11/2026	*Remembrance*	*Remembrance*	*Remembrance*	*Remembrance*	*Remembrance*
18/11/2026	7.7 – What are the types of bullying?	8.8 – What laws are there to protect the environment?	9.8 – What is democracy?	10.7 – What is the role of pressure groups and social movements? (2/2)	*Careers Assembly:* ***HCA***
25/11/2026	7.8 - What are the dangers of stereotypes?	8.9 – What are taxes and why do we have to pay them?	9.9 – How is the UK governed?	10.8 - What is the role of interest groups?	*Careers Assembly:* ***HSFC***
02/12/2026	7.9 – How can we keep our bodies healthy?	8.10 – How does tax money help the community?	9.10 – How does Parliament work?	10.9 – Why do changemakers play an important role in a democracy?	*Careers Assembly: TBC*

09/12/2026	7.10 – What are the dangers of smoking and vaping?	8.11 – What is the difference between wants and needs?	9.11 – What is media freedom and why is it important in a democracy?	10.10 – Mr Bates vs The Post Office (Documentary Lesson)	*Careers Assembly:* ***HWGTA***
16/12/2026	7.11 – How can we keep our minds healthy?	8.12 – When is it smart to borrow money and when should you avoid it?	9.12 – Can UK democracy be improved?	10.11 – Do we need to save?	*Careers Assembly: TBC*
CHRISTMAS HOLIDAYS					
Note: *Values & Virtues in Spring 1 is held on both Wednesdays and Fridays to ensure full RSE coverage is achieved. Ten:Ten sessions are split into 2 parts as shown below.*					
06/01/2027	**1. Who Am I? (Part 1)**	**1. Created and Chosen (Part 1)**	**1. The Search for Love (Part 1)**	**1. Authentic freedom (Part 1)**	**1. Self-Worth (Part 1)**
08/01/2027	*1. Who Am I? (Part 2)*	*1. Created and Chosen (Part 2)*	*1. The Search for Love (Part 2)*	*1. Authentic freedom (Part 2)*	*1. Self-Worth (Part 2)*
13/01/2027	**2. Changing Bodies (Part 1)**	**2. Appreciating Differences (Part 1)**	**2. Love People, Use Things (Part 1)**	**2. Self-Image (Part 1)**	**2. Addiction (Part 1)**
15/01/2027	*2. Changing Bodies (Part 2)*	*2. Appreciating Differences (Part 2)*	*2. Love People, Use Things (Part 2)*	*2. Self-Image (Part 2)*	*2. Addiction (Part 2)*
20/01/2027	**3. Healthy Inside and Out (Part 1)**	**3. Feelings (Part 1)**	**3. In Control of My Choices (Part 1)**	**3. Beliefs, Values, Attitudes (Part 1)**	**3. Eating Disorders (Part 1)**
22/01/2027	*3. Healthy Inside and Out (Part 2)*	*3. Feelings (Part 2)*	*3. In Control of My Choices (Part 2)*	*3. Beliefs, Values, Attitudes (Part 2)*	*3. Eating Disorders (Part 2)*
27/01/2027	**4. Where We Come From (Part 1)**	**4. Before I Was Born (Part 1)**	**4. Fertility and Contraception (Part 1)**	**4. Parenthood (Part 1)**	**4. Birth Control (Part 1)**
29/02/2027	*4. Where We Come From (Part 2)*	*4. Before I Was Born (Part 2)*	*4. Fertility and Contraception (Part 2)*	*4. Parenthood (Part 2)*	*4. Birth Control (Part 2)*
03/02/2027	**5. Family and Friends (Part 1)**	**5. Tough Relationships (Part 1)**	**5. Commitment and Marriage (Part 1)**	**5. Pregnancy and Abortion (Part 1)**	**5. Pornography (Part 1)**
05/02/2027	*FIRST FRIDAY –* ***VOLUNTARY MASS*** *– NO V&V SESSION*				
10/02/2027	*5. Family and Friends (Part 2)*	*5. Tough Relationships (Part 2)*	*5. Commitment and Marriage (Part 2)*	*5. Pregnancy and Abortion (Part 2)*	*5. Pornography (Part 2)*
12/02/2027	*6. My Life on Screen*	*6. Think Before You Share*	*6. Understanding Consent*	*6. Abuse*	*6. Coercive Control*
FEBRUARY HALF TERM					
24/02/2027	01. Introduction to Careers	01. Careers of the Future	01. Labour Market Information (LMI)	01. Work Experience Introduction	11.01 – What are my everday responsibilities as a young adult?
03/03/2027	02. Skills, Qualities and Strengths	02. Employability Skills	02. Decision Making and Goal Setting	02. Business Structures	11.02 – How can I take part in life after school?
10/03/2027	03. Jobs in My Community	03. Equality, Diversity and Stereotypes in the Workplace	**03. GCSE Options and Future Pathways**	03. Understanding the Workplace	11.03 – How can I keep myself safe from scams?
17/03/2027	04. Subjects and Careers	04. Apprenticeships, College and University	04. Encounters with Further and Higher Education	04. Work & Organisational Structures	11.04 – How can I build a positive digital reputation?

24/03/2027	05. Employers	05. Green Careers and Sustainability	05. Creating My Personal Brand	05. Diversity & Equality in the Workplace	11.05 – How can I deal with adult challenges?
EASTER HOLIDAYS					
14/04/2027	7.12 – Why is connection to others important?	8.13 – How can you start to save money and make it grow over time?	06. Recruitment and Selection	06. Employment Right & Responsibilities	*Self-guided Revision for GCSEs*
21/04/2027	7.13 - Why is it important to have aspirations?	8.14 – What makes a good friend and how can you be one yourself?	07. Enterprise and Entrepreneurship	07. Work Experience Revisit	*Self-guided Revision for GCSEs*
28/04/2027	7.14 – How can I keep safe on the road?	8.15 – How can you handle conflicts and disagreements with your friends?	08. Personal Careers Action Plan	10.12 – When is it smart to borrow money and when should you avoid it?	*Self-guided Revision for GCSEs*
05/05/2027	7.15 – How can I keep safe on the railways and water?	8.16 – Why do we need to be tolerant and respectful?	9.13 – What are laws and how are they enforced?	10.13 – What ways can I borrow money?	*Self-guided Revision for GCSEs*
12/05/2027	7.16 - How can we be active citizens?	8.17 – Why do people have to leave their home countries and become refugees?	9.14 – How is justice administered in the UK?	10.14 – How can I manage my money?	*Self-guided Revision for GCSEs*
19/05/2027	7.17 - Who represents me?	8.18 – What is life like for regugees when they arrive in a new country?	9.15 – How does a trial work? (1/2)	10.15 – How can I make good financial decisions?	*Self-guided Revision for GCSEs*
26/05/2027	7.18 - How is the UK governed?	8.19 – How can refugees affect the communities they move to?	9.15 – How does a trial work? (2/2)	10.16 – How do taxes work in the UK?	*Self-guided Revision for GCSEs*
MAY HALF TERM					
09/06/2027	7.19 - What are laws and how are they enforced?	8.20 – What help do refugees get from organisations and people around the world?	9.16 – What are Human Rights and why do they matter?	10.17 – What does a payslip look like and what do I need to know?	
16/06/2027	7.20 - How is justice carried out in the UK?	8.21 – How can I stay safe around water?	9.17 – How did the world agree on Universal Human Rights?	10.18 – How did the UK spend tax last year?	
23/06/2027	7.21 – What is a digital footprint and how can I manage it?	8.22 – How can I avoid giving in to peer pressure?	9.18 – Who protects our rights when they are threatened?	10.19 – What are pensions and why are they important?	
30/06/2027	7.22 - What are the risks of high screen time?	8.23 – What is self-esteem and how can it impact mental health?	9.19 – What happens when one person's rights conflict with another's?	10.20 – How can money impact my mental health?	
07/07/2027	***SUMMER CURRICULUM ENRICHMENT WEEK*** *(No taught V&V session)*				
14/07/2027	7.23 – Baseline Review & Reflection on Year 7	8.24 - Baseline Review & Reflection on Year 8	9.20 – Baseline Review & Reflection on Year 9	10.21 – Making a good start to Year 11 & Baseline review.	